

# Shifting Gears Day Hike Leader Roles & Responsibilities

## **About Shifting Gears**

Shifting Gears is a 501(c)(3) non-profit organization based in Bellingham, WA, with a mission to create welcoming recreation experiences that encourage confidence, wellness, growth, and joy for all women. Striving to empower all women, our programs focus on breaking down barriers that stand in the way between a person and their outdoor aspirations.

### **About Shifting Gears' Day Hike Program**

Our Day Hikes are designed to make individuals feel comfortable and empowered on hiking trails. We are here to adventure together, work through challenges, and celebrate every one of us for taking a chance to set out on an adventure together. We spend all day at a casual pace, taking breaks when needed, taking in the sights, and supporting each other. Learn more about our Day Hikes on our website.

Day Hikes are held one weekend day a month from May through October. Hikes are typically all day (7am-5pm), depending on the hike. Each hike is a maximum of 11 individuals, with one trip leader and support volunteer.

## Responsibilities:

Shifting Gears Trip Leaders will support fun, inclusive, safe day hikes in Washington. As a Trip Leader, your role involves navigating the route safely, ensuring the group stays together, creating a fun and positive environment, and supporting participants. Day hike trip leaders ensure the hikes are no-drop and accommodate everyone's hiking pace.

The Trip Leader will also be asked to drive the Shifting Gears van with the participants to the trailhead. A support volunteer will drive separately as a backup emergency vehicle.

#### **Time Commitment**

You commit to at least two hikes this season, which are currently scheduled for:

- May 11 Beginner Hike
- June 30 Beginner/Moderate Hike
- July 21 Moderate Hike
- August 11 Moderate/Hard Hike
- September 7 Hard Hike
- October 12 Hard Hike

Attendance at the Day Hike Volunteer Training is mandatory; the date is TBD.

# **Qualifications:**

- Have participated in a Shifting Gears day hike
- Commitment to the Shifting Gears mission and values.
- Ability to hike at the same skill level as your group

- Passionate about outdoor recreation and fostering a welcoming environment for all women!
- Wilderness First Responder certification
- Previous experience with guiding hikes or similar outdoor activities

## **Volunteer Stipend:**

We want to support those who make our programs happen and the expertise they bring. While we are a small nonprofit organization, we pride ourselves in honoring the work and experience of our Program Leaders. Leaders will receive a stipend at the end of the season based on the number of hikes led and can expect \$200 per trip.

Please note that these are volunteer stipends, and Program Leaders are not considered Shifting Gears employees, but this is a small way for us to thank you for the time you spent supporting our programs!

## How to Apply:

Complete this <u>Application</u> by **March 15, 2024** 

Thank you for wanting to support our community! If you have any questions, please contact our executive director, Krysy Keller, at <a href="mailto:krysy@letsshiftgears.com">krysy@letsshiftgears.com</a>.