



Shifting Gears MTB Ride Leader Roles & Responsibilities

About Shifting Gears

Shifting Gears is a 501(c)(3) non-profit organization based in Bellingham, WA, with a mission to create welcoming recreation experiences that encourage confidence, wellness, growth, and joy for all women. Striving to empower all women, our programs focus on breaking down barriers that stand in the way between a person and their outdoor aspirations.

About Shifting Gears' Mountain Bike Program

Shifting Gears' Mountain Biking programs provide beginner, intermediate, and advanced riders with a safe space to explore mountain biking on the lovely local trails of Bellingham. We practice skills, familiarize ourselves with trails, meet new ride friends, and have fun. Learn more about the program on our [website](#).

Group Rides are Mondays from 5:30-7:30pm, May 6th through September 30th. Depending on the availability of Ride Leaders and Volunteers, there are at least two groups: 1) Beginner and 2) Intermediate, with a max of 15 riders in each group. Route suggestions are provided but ultimately determined by the Ride Leaders.

Responsibilities:

Our Ride Leaders will lead fun, inclusive group rides around Bellingham's local trails. As a Ride Leader, you can comfortably navigate singletrack trails and lead a no-drop group ride that matches the appropriate skill level. Our Ride Leaders are the point person for each group ride and should feel comfortable managing a small group of riders with the support of a volunteer.

Ride Leaders are not MTB Coaches and are not expected to provide coaching. Ride Leaders can share tips/pointers on best practices and proper bike handling skills for participants to improve their riding.

Time Commitment

You commit to at least two rides each month, held every Monday from 5:30-7:30pm from May through September (excluding holidays).

Attendance at the MTB Ride Leader & Volunteer Training is mandatory; exact date is TBD.

Qualifications:

- Previous experience with leading Group Rides
- Have participated in Shifting Gears MTB rides previously
- Current First Aid/CPR certification
- Ride Leader training/certification is a plus, though not required
- Commitment to the Shifting Gears mission and values.
- Ability to ride at the same skill level as your group (either Beginner or Intermediate)
- Passionate about mountain biking and fostering a welcoming environment for all women!

- Knowledge of local trails and basic trailside repair

Volunteer Stipend:

We want to support those who make our programs happen and the expertise they bring. While we are a small nonprofit organization, we pride ourselves in honoring the work and experience of our Program Leaders. Leaders will receive a volunteer stipend at the end of the season based on the number of rides led and can expect \$50 per ride.

Please note that these are volunteer stipends, and Program Leaders are not considered Shifting Gears employees, but this is a small way for us to thank you for the time you spent supporting our programs!

How to Apply:

Complete this [Ride Leader Application](#) by **March 15, 2024**.

Thank you for wanting to support our mountain biking community! If you have any questions, please contact our executive director, Krysy Keller, at krysy@letsshiftgears.com.