

Shifting Gears Road Ride Trip Leader Roles & Responsibilities

About Shifting Gears

Shifting Gears is a 501(c)(3) non-profit organization based in Bellingham, WA, with a mission to create welcoming recreation experiences that encourage confidence, wellness, growth, and joy for all women. Striving to empower all women, our programs focus on breaking down barriers that stand in the way between a person and their outdoor aspirations.

About Shifting Gears' Road Ride Program

Shifting Gears provides a safe and informative environment for new riders to feel comfortable riding bikes on the roads of Whatcom County. We are here to adventure together, work through challenges, and celebrate every one of us for taking a chance to set out on an adventure together. Learn more about the program on our <u>website</u>.

Road Rides are held one weekend day a month from May through October. Rides are typically all day (8am-5pm), depending on the route length and level of riders. Each ride is a max of 12 individuals, with one Trip Leader and Support Volunteer. Trip Leaders can expect to have routes provided by Shifting Gears but will have the option to provide input on the routes/destinations before the season starts.

Responsibilities:

Shifting Gears Trip Leaders will lead fun, inclusive, safe road rides around Whatcom County. As a Trip Leader, your role involves understanding and navigating the route, ensuring the safety and well-being of participants, and fostering a positive environment for the group.

Trip Leaders are not coaches and thus are not expected to provide coaching. Leaders can share tips/pointers on best practices and proper bike handling skills for participants to improve their riding.

Time Commitment

You commit to at least three rides this season, which are currently scheduled for:

- May 19
- June 22
- July 28
- August 18
- September 14
- October 20

Attendance at the Road Ride Training is mandatory, the exact date is TBD.

Qualifications:

- Previous experience with leading Road Rides
- Have participated in a Shifting Gears road ride
- Current First Aid/CPR certification

- Commitment to the Shifting Gears mission and values.
- Ability to ride at the same skill level as your group
- Passionate about outdoor recreation and fostering a welcoming environment for all women!
- Knowledge of basic bike repair

Volunteer Stipend:

We want to support those who make our programs happen and the expertise they bring. While we are a small nonprofit organization, we pride ourselves in honoring the work and experience of our Program Leaders. Leaders will receive a volunteer stipend at the end of the season based on the number of rides led and can expect \$150 per ride.

Please note that these are volunteer stipends, and Program Leaders are not considered Shifting Gears employees, but this is a small way for us to thank you for the time you spent supporting our programs!

How to Apply:

Complete this Trip Leader Application by March 15, 2024.

Thank you for wanting to support our community! If you have any questions, please contact our executive director, Krysy Keller, at krysy@letsshiftgears.com.